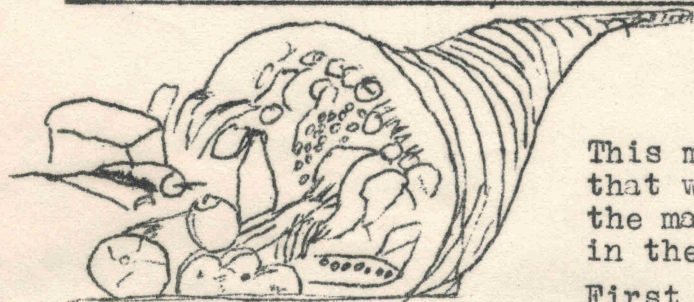


A . A . M . M . NEWS

WASHINGTON CHAPTER
AMERICAN ASSOCIATION OF MASSEURS & MASSEUSES

ARTHUR DUNBAR --EDITOR
NOVEMBER 1954

MILTON A. NIEDFELT--ASSISTANT
805 E Denny----Seattle Washington CA 8655



OUR CORNUCOPIA!

THANKS GIVING MESSAGE

By Arthur Dunbar--Editor in Chief

This month being Thanksgiving month, seems that we should have something to say about the many things we have to be thankful for in the past year.

First of all in my book, I am thankful that I live in a Nation as a citizen of that nation, where I am free to worship God in any way I wish., while enjoying all of the other privileges we all have here.

Then, next I think the most important thing we have to be thankful for as an organization is that one of our members was chosen by the rest of the members of the country to be our number ONE member, our National president. Thanks for the confidence in the kind of people we have out here in this grand State.

Thanks for the courage, ambition and the graciousness of one lady who gave us one of the finest conventions in our young history. Next I am thankful for the friends we made at that convention, and for the better understanding of one another and of our problems.

Thanks be to God for the leadership that is bringing us into a new day a recognition before all men as a real profession intitlled to, and commanding the respect of all and ourselves as well.

Thanks for all the good things we have enjoyed this year and a fervent prayer for the courage, strength, and health to meet and deal with the problems that will face us from here on through our lives.

Remember that it is very necessary that each and every one of us meet and discuss our desire for a licensing act with the newly elected members of the legislature. You will receive , either with this issue, or the next, a complete copy of our proposed bill newly drafted and ready for presentation to the legislature.

Please let us know what the reaction of each and every legislator to your discussion. This will enable us to know whom to work on and whom we may count on when the legislature is in session.

Funeral Service---Della Mae Sumner--Vancouver Wash.

It greives us to inform you that Della Mae Sumner, R.N. 620 W. 13th Street, Vancouver, Washington passed away Monday morning October 11, at 7:00 A.M. Funeral services were held in the Vancouver Funeral Chapel, in Vancouver Washington on Thursday October 14th, at 1:00 P.M. Della Mae died of Cancer in the hospital in Vancouver Washington.

Della Mae was a member of our A.A.M.M for some time, about 4 years and she was the Arrangement Committee, arranging our 1954 State Convention last June. She did all the foot work, and in every way arranged every detail of the Convention alone, as she was the only member in Vancouver Washington.

She was born in Florence Colorado September 29th, 1899, and served the Community in Vancouver 8 years as the leading Masseuse in the city.

There are no known survivors except a cousin to her husband. Mr. Sumner also died of cancer several years ago.

The Pythian sisters were in charge of the funeral service, there were beautiful flower offerings and about 75 persons in attendance. Along with the insigna of the Pythian Sisters she wore the emblem of the A.A.M.M. on her left breast. The Pythian Sisters were all dressed in their white dresses, and were very pretty. Della Mae also belonged to the First Methodist Church. Reverend John Saltman officiated at the funeral.

Reverend Saltman gave a wonderful oration telling of the great work our Della Mae did in the eight years she served the Community and elsewhere. He said Della Mae had followed Christ's work in using her hands in healing and soothing the sick. In the first world war she worked with the Red Cross, and where-ever there was a disaster she was always there, and went where ever she was needed. Della Mae was a wonderful person and that she was thought of very highly, and would be a great loss to Vancouver, and will be sorely missed. The first organization Rev. Saltman named that Della Mae belonged to was the A.A.M.M.

Della Mae told us when she was here that it fell to her lot to teach nurses the technique of handling Polio Patients, she was thus a teacher of nurses, in this field.

Dan Snively was the soloist, and Florine Du Fresne the Organist. Pall bearers were--Geo. Hursh--E.M. Rautio--Earl Cessey--Al Pepping--Alvin Burr--Mike Lash.

She was buried in Park Hill Cemetary Vancouver Washington. We want to thank those Masseurs and Massueses who wrote to Della Mae in the last few months of her intense suffering, We are sure that it was noticed and appriciated.

Mrs. Carol Niedfelt of Seattle Wash. and Tyko L. Orin of Longview Washington attended the funeral, members of the A.A.M.M.

By Tyko Orn
Member A.A.M.M.-- 1153--9th Ave
Longview Washington

I attended the funeral service for our good member Della Mae Sumner, I was shocked to hear such sad news. She will be remembered for all the good work she has done in the alleviation of pain and discomfort.

I do regret that I was unable to attend our State Convention in June at Vancouver. I was called to Idaho at that time.

Fraternally

Tyko Orn,

A Benediction

God keep thee in the busy day,
And in night's lonely hour;
Though storms may gather 'round
thy way
Trust His protecting power.
God guide thee; May His wisdom
Shine
Unclouded o'er thy soul,

And lead thee by its light divine
To the eternal goal
God bless thee! On this earth
below
And in the world above
A rich inheritance bestow---
His everlasting love.

The State Chapter A.A.M.M. wired flowers.

T-H-E O-R-E-G-O-N C-H-A-P-T-E-R
From Sec-treas C.A. Tyler
Bx 93 Dundee Oregon

The Oregon Chapter has been reorganized and a new Charter has been issued from the National Sec-treas----- Hence, we would like to call upon your News from time to time, to make suggestions and take a voice in our National Organization thru the columns of your medium. Thanking you again, I beg to remain as,

OREGON CHAPTER

(State Seal) A.A.M.M.

By C.A. Tyler---Sec--Treas.

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Washington State President, your Editor and Asst. Editor has sent word to Mr. Tyler that; We will carry a section in our Washington News and deliver the number of papers they want to their State Sec-treas, by Pound rate -In turn they can deliver the papers to their own members. Cost of any extra stencils will be added. By Niedfelt.

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By Mr. D.S. Carlson Nat'l Sec Treas

First I wish to compliment you and Mr. Dunbar on the last issue of the Washington A.A.M.M. News, next I think it very commendable that you are working and cooperating with the Oregon Chapter, this friendly gesture is what I call real A.A.M.M. Spirit.

If possible try to get a Tri-State meeting every 3 months. Utah now having a chapter would probably be interested. We should have a Chapter in Idaho. At one time we corresponded with the Corresponding secretary of Idaho State Massage Assn (name), are you in touch with her? She said she gets your Washington News. (Editors note;- The person referred to pays, and subscribes to the A.A.M.M. News.)

OREGON NEWS

Greetings and Salutation to the Washington members of the A.A.M.M. from our neighboring Oregon Chapter.

May we take this opportunity to thank the staff of the Washington News for the privilege of utilizing some of their space in the A.A.M.M News. In as much as our Chapter has been decimated by the resignation of a few members, those who are left are ready and willing to carry on the good work and purpose for which the national organization of the A.A.M.M. was intended to do. Hence, we take this method of keeping in "Touch with the outside world" even tho our membership is only seven at present.

We have a meeting called for Nov. 14th at the Hollywood Charm Studio, 1359 N.E. 35th St Portland, Oregon at 35th & Sandy Blvd., at 2:00 P.M. J.L. Hatch of the Washington Chapter is going to give a demonstration of the Plasmatic machine and we hope all members can be there for the event.

(Editor Note; I took a treatment in this machine, and it is seems to be worth your while -- Try to be there if you can.)

We have asked for and have been granted a new charter for the State of Oregon Chapter. We feel that a "new deal" is in order, and the remaining members plan "full steam ahead" and no dead timber to hold us back.

The article as written by our national Sec. on the eligibility of membership was well taken. From the standpoint of this writer, this policy should be put into action by every chapter in the Nation. Other healing professions don't extend us a helping hand so why let the bars down to anyone who can't pass the State examinations (in Oregon) Graduates of Massage Schools of two years apprenticeship should be in order before being eligible of membership in the A.A.M.M. This policy should establish a high efficiency standard that will hold and gain the good will of others.

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We understand that Elz. Vander Veen is spending her vacation in Montana, getting rested up for a heavy fall practice.

Off the record, we understand that David Scheid is still working at Massage Work. And, that Ruth Olson in Astoria has recently purchased a set of new scales. (The old one broke down.)

Oregon has prospects of more and better business for the fall and winter months.

Resp. yours

C.A. Tyler, Sec-treas Oregon Chapter.

POLIO !

Where the consumption of white sugar in any country is less than 50 pounds per person per year, you have no Polio. But where the average citizen eats close to 100 pounds of white sugar per year--whether it is in Goose Creek Texas or the wilds of Africa--Epidemics of polio will appear as regular as the seasons.

See Page 99

S-P-O-K-A-N-E C-H-A-P-T-E-R
ORGANIZATIONAL MEETING SEPTEMBER 25-54

The Spokane Chapter held a meeting September 25th, at the home of Dick Butts.

Those present were Mr. & Mrs. Dick Butts, Leston Short, Mr Mason, Mr. & Mrs. Soper, George Rogers, Our National President Ruth Williams, Jess Williams, Don Edwards and Florence Taylor.

Our main objective is a drive for new members. The committee was appointed to investigate new members. George Rogers chairman, Dick Butts, Stever Mason, Don Edwards and Mr. Soper.

There was a discussion on Insurance sale program for Massage.

Those members who are willing to give Massage demonstrations will meet at the Moose Lodge November 6th at 8.00 P.M.

Leston Short---President

Report Washington State Secretary October 21, 54

Mr. F.E. Bloom ---- 10 W-6th Spokane

From August 1, 1954 to date (Oct 1st)

50 Paid up members for 1955

2 Honorary members

1 member demitted

1 member passed away

54

8 Unpaid members for 1955

We have received no new members since August 1st, 1954

Fraternally

(signature) F.E. Bloom.

I have the November notices ready for mailing.

EDITORIAL

For those members who do not know--- Mr. Bloom will issue you a "WITHDRAWAL" Letter if you ask him, and there is a reason for it.

We ask you not to drop out if you can avoid it. Our association is now beginning to grow. New States are beginning to come to light with new Chapters, and new members are joining... You may have a hard time getting back in if you are careless about your connections. A withdrawal letter at this time will cost you nothing. By Niedfelt

L-A-S-T and F-I-N-A-L
N-O-T-I-C-E

There are but eight members that are expected to pay! \$12.00 dues does not nearly pay the costs of organizing a Great Organization like our A.A.M.M.--- But it helps... If you drop out, and this editorial is directed to eight persons only, You may find that you will have to meet the requirements under section 7 and section 8 Page 11 of our Constitution and By-laws which says quote;-

DELINQUENCIES... Any active member who fails to pay dues on or before August 31st shall be declared delinquent, After three months delinquency member shall be notified of cancellation of membership in this Association.

Sec 8 --Any active member, upon notification of cancellation of his or her membership, can, if desired, appeal to the BOARD OF DIRECTORS, filing an affidavit giving reasons for delinquency. The Board

of Directors shall act upon the member's appeal and make a decision. The decision of the BOARD shall be final.

Sec 9-- Upon favorable action of the BOARD OF DIRECTORS on member's appeal, member may be reinstated to active membership upon payment of back dues and assessments, if any.

The POINT is this--- Last year we began to try to live up to our Constitution and By-laws a little--- Some of the members were greatly disappointed when they were asked to go to this trouble to get back again. Our Association is a valuable and exclusive group, and we are gaining National Influence,--- Our Officers want you to STICK TIGHT AND WORK HARD FOR THE A.A.M.M. \$12.00 won't pay for the benefit that we are gaining by getting National Recognition. REMEMBER! We now have National Registered Masseurs and Masseuses--- The missing of one single Dues Payment may set you back three years in getting your "R.M." certificate. ---So pay up you eight.---Don't wait.

It has been reported that Grace Lee, 11536--39th N.E. of Seattle Wash. is sick... We are told it is a very bad case of Arthritis. Also Ida Mae Lukins 3213 California Ave Seattle Washington is just recovering from a case of Pneumonia. ---- Nice letters to the sick are always in order. You like to get them when you are sick don't you? Well then!

Dear Mr. Niedfelt;--

Oct 25, 1954

In regard to the letter regarding Della Mae Sumner that you wrote the "Pythian Sisters"

Her place of business was in my home. It is an apartment and office combination. All of the equipment is in good order and just as she left it.

I will sell, lease, or rent it to a good reputable person. You can contact me by call Vancouver Oxford 3-6338.

W.W. Cook --620 West 13th St
Vancouver Washington

Editor's Note; This place is in the main part of Vancouver Wash.

Committee for # 21

The response of the members of A.A.M.M. has been most gratifying to date, but we need all the help we can get and the time is getting shorter each week. More professional associations are joining the fight for #21, continually but that does not mean that any of us can let up one second. I will contact you in about ten days upon returning to Seattle. Keep up the good work!

Hope this arrives in time for use in the A.A.M.M. News Committee for #21----- P.O. Bx 94--Seattle Washington

Anti- Fluoridation Meeting

The Anti-Fluoridation meeting has been set for some time in January. This will be at a time when the State Legislature will need a little MORAL help to --avoid putting Fluorine in our public water supply. For details of the Meeting Write Miss A.R. Henry 601 Boylston North

On September 16th, 1954 George F. Meany, National President of the American Federation of Labor declared that Wages & Salaries were DOWN \$14 Billion.

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Your Asst Editor received a very nice and encouraging letter from Dr. Carl W. Brooks, Chairman of the National Committee on Schools and Colleges of the A.A.M.M.---- Dr. Brooks suggested that OUR A.A.M.M here Sponsor a Massage School in Seattle. The letter was referred to Mr. Arthur Mann, State President.

A-N-N-O-U-N-C-E-M-E-N-T !

Our State Legislative Committee has been working faithfully and hard on our Massage Bill, which we wish to submit to the State Legislature-- Before another month rolls around we expect to have the DRAFT copy ready to distribute to our members in the State of Washington.

Let us urge you to PAY YOUR PLEDGE to Mr. Bloom so that we will have funds in our treasury, when the Legislature meets, so that we won't fail on account of lack of funds.--This committee is taking a lot of responsibility on behalf of our members, We trust you! --- But it takes CASH to pass a Massage Bill in Washington.

Note Correction!

In the last issue of the News the new Address of Marie Stone was incorrectly given; It should be Marie Stone, Elmshaven --St Helens California. --We are sending Marie Stone some Applications for new members.

This paper will accept voluntary contributions valued at \$2.00 per year for subscriptions also cost fee per copy for extra copies from persons NOT PAYING MEMBERSHIP DUES IN THE STATE OF WASHINGTON.

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This means that if we get a few \$2.00 donations to our paper, we can put out a better issue than if we must depend on membership fees to pay all the cost... Why not have this paper sent to some one who you know is interested in Massage?---A Christmas token, or for some other reason, or no reason at all. Send it to some city official or other person! Boost your profession!

ADVERTISING PRICES

\$1.00 for five lines for one issue---\$12.00 for 12 issues.

\$5.00 for half a page for one issue

\$8.00 full page for one issue

\$75.00 full page for one year 12 issues

\$60.00--Half page for one year 12 issues

NEW MEMBERS!--- NEW MEMBERS!

On your Mark!--Get Set!----- Go!

The Washington Chapter Membership Drive has been in the process of preparation for about three or more months now. First was the trouble to get "Contacts"--Telephone books, files, and personal recollections were combed to get names of those persons that claimed or even pretended to be Massage Technicians. All these were assembled to make a "PROSPECT LIST"

Mr. Arthur Mann, our Washington State President has set up three sections in the State---Eastern Section, the Central Section, and the Western Section. Over each section he has named a Committee member-- Over the Eastern Section he has selected Mr. Russel C. Soper---Over

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the Central section he has selected Mr. Jess Williams--Over the Western section he has selected Mr. John Murray.

It is expected that this Committee, armed with copies of the A.A.M.M. News-- and old copies of the "Masseur", and membership applications, and copies of "ATTENTION ALL MASSEURS AND MASSEUSES" and any other literature available, will comb his section for other contacts, and for applications of new members. He will press each member into service to help him. And now this month, the first draft copy of our Massage Act will be in the hands of each member, and this should be an added attraction why new members will be interested and join us.

By the use of Libraries, the Telephone book, Commercial Clubs, and other public facilities we should find every reputable Technician in the State, and sign them up in our A.A.M.M.

If they offer an excuse Our Member will get as much of their personal record as possible, and give this report to Mr. Mann who will set in motion a "FOLLOW UP" program to interest the Masseur further.

So lets go! --- Go to these people, battle for their membership, and battle for our Massage Legislation. Use our spare time, and use our time off to make friends in our Own Profession. Its lots of fun and pays off. You need the fresh air, going places, and you need diversion in your effort, and you always can use new friends. Make friends with these people, they will help you both in your business and organizationally in the A.A.M.M.--- It pays to see them. DO IT NOW.

Approved by Mr. Arthur Mann, Wash. State Pres.

~~A N-E-W~~ L-E-A-F-L-E-T

Most of us have benefited by the use of the Leaflet "Little known about Massage"--- We found then a fine thing, But now Mr. Carlson has sent your Asst. Editor a leaflet with the pictures of the Muscular structure of the body on it in several places with pointers explaining how Massage helps these muscle pains.... These leaflets sell much cheaper than the others--- for only ONE CENT per copy. Let us recommend that you send Mr. Carlson a Five Dollar Bill and get five hundred of them... You can use them-- and you will like them.

Boise, Idaho October 25, 1954

Quoting Mary Babbitt, Corresponding Secretary of the Idaho State Massage Association (in part) "Well I think it is safe to say organization in Idaho is off to a fair start. There were eleven at our meeting yesterday afternoon, and we voted to become a Chapter of the A.A.M.M.----"

V-O-T-E T-U-E-S-D-A-Y

November 2nd-1954

Maybe the day you get this paper will be the day for you to Vote!

Mr. Mann phoned and said he would have to postpone his monthly Message until the next month, that he was too busy at this moment.

Don't Forget our meeting November 7th at Mr. John Murrays place in Port Townsend... It seems to be popular to have a Sunday afternoon outing-- Phone CA 8655 for Transportation.

PAID ADVERTISEMENT

Good opportunity for masseur. Fully equipped Therapeutic Studio in growing City of 3,500 population--Death of owner reason for selling.

L.N. Moe Box 578--Bellingham Washington

(Editors note: From an attached letter we find that this Massage Studio is located right in town, There are a reception room, two treatment rooms and a Cabinet room--There are listed 9 pieces of furniture in the treatment room--32 listings in the Treatment rooms, 23 pieces listed in the Cabinet room-- and 76 pieces of linnen. The price for the equipment ONLY \$650.00 Cash or \$750. terms.)

Some---Timely --- Advise

John A. Murray

Recently a young woman that I treated in Port Townsend on one of my Sundays there, two or three months ago, told me that she was very unhappy with the treatments she was receiving in Seattle. Could I recommend a massage technician who could and would give her a treatment, such as I had given her in Port Townsend.

Her complaint was that she was unable to obtain a thorough massage, or that she was "Talked" to the point of screaming, by the technicians, telling her how good they were, that they had a gift of healing hands, and gave the best treatment, that was possible to find anywhere. She said that she was the best judge of that statement, and didn't agree with them.

So members, of our fine organization, take stock of yourselves, if you find that you are guilty of taking your patients out of your office or that you are short changing them on ethical treatment, try to correct it for your own benefit, as well as raising the Standard of the Association.

It is not necessary to be a silent mummy, just slow up, come up for air now and then give the patient a chance to talk too. One should appear to the patient as an interested listner, and avoid telling of your achievements with other patients or your own personal problems.

If you have healing hands, or give a good treatment the patient will tell you. It won't be necessary to ask them, or tell them that you are an expert. By John A. Murray.

(Editors Note;- We haven't had a writeup from Mr. Murray for some time and so we are real glad to get this timely message. Thanks)

Dr. Maurice L Tainter of the Sterling Wintrop Research Institute says " The major challenges confronting science today is not to keep people alive, but to keep them alive and in good MENTAL health.

Goddard Diamond was born in Plymouth Massachuchetts May 1, 1796 lived 120 years, wrote a book titled " Secrets of a much longer life, and more pleasure in living it" and died in 1916 of poluted air. HH

187-54

OUR NEXT MEETING

HAVE A GOOD TIME--At John A. Murray's Sunday Nov 7th-- Bring one covered dish, and a fine days outing as well--- Phone CA 8655 for transportation. Last Issue of the AAMM News gave full details, Pg 93

Special Delivery --Air Mail!
By W.W. Cook--620--W 13th St
Vancouver Wash

Della Mae Sumner told us her income was \$450.00 per month when she took sick.

There is Living quarters furnished with equipment. Nice location and people beging for some one to comenini

1 Heating lamp	1 Sun lamp	serial 0-1221
1 Reducing Belt serial 281A	1 Scales	serial 235195
1 Steam Cabinet serial 5066	1 Electric Therapy Machine	J852
1 Electric Vibrator 3040XC	1 Table Pat # 2427033	Model 10
1 Electric Pad serial #83242	1 Machine serial #0448	
1 Foot Exercising Machine P1678		

What do you tell Your Patients?
What does Massage do?

Investigations have established beyond all possibility of question, that massage affords one of the most effective means of influencing the functions of the human body.

Experiments clearly show that every function of both animal and organic life may be powerfully influenced by some or all of the numerous procedures of massage. The various effects produced may be included under the following heads:-

MECHANICAL, in which the tissues are wholly passive, being simply acted upon in a mechanical way by the hand of the manipulator, as in the movement of the blood and lymph in the venous and lymph channels, or the restoration of a displaced viscera to its normal position.

REFLEX, in which the peripheral and central portions of the nervous system, both cerebro-spinal and sympathetic, are chiefly active, an impression made upon the nerve ends of the sensory or afferent fibers connected with the nerve centers of the cerebro-spinal and sympathetic systems being transmitted to the related centers, where new activities are set up., resulting in the sending out of nerve impulses by which vital changes are effected, not only in the parts directly acted upon but in related parts.

METABOLISTIC, in which important modifications occur in the tissue activities both of the parts directly operated upon and of the body as a whole, as the results in part of direct mechanical effects of massage upon the tissues, and in part of the reflex activities set up by it.

October 24, 1954, was the Nineth Birthday of the U.N.

Don't Forget-- Sunday November 7th-- to go to John Murray's Residence in Port Townsend for our next Local Meeting-- There will be plenty transportation-- Bring som one covered dish. Coffee and trimmings will be supplied. LEO Phone C. 8655 for transportation